



December 22, 2014



Happy Holidays

All of us here at the State WIC Office send holiday greetings and wish all the best to each and every one of you in the coming year. We appreciate the work you do every day, and hope you spend some time enjoying the holidays with friends and family.

Notice to M-Spirit Users

On Monday, December 22, a food item change will be made late in the afternoon. Once this is done, all users will need to Reset Local Reference Data when next logging into M-Spirit. Instructions are below, but please call the WIC Help Desk for assistance if needed (1-800-433-4298, Opt 1).

Instructions to Reset Local Reference Data:

1. Log into M-Spirit
2. Right-click on the "Blue W"
3. Click on "Reset Local Reference Data"

Please note that this change will fix an issue with the Fully Breastfeeding Multiples food package, and that package will now appear and issue differently than before. We will review this update on our January 8th conference call, but if you have questions or concerns before then, please contact the state office.

A Farewell Note from Connie Udem in Dawson WIC

I would like to thank everyone who has helped me throughout my journey with WIC. I have made many friends and learned so much from all of you. I will miss our state meetings where I was able to network with many of you. I plan to keep in touch with my WIC family through Pam O'Brien and Lynn Newnam, Dawson WIC Staff. Have a great 2015 and I can hardly wait to see EBT!

Connie Udem
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Upcoming Webinars

Obesity/Overweight and Preconception Health, Part 1: Defining the Challenge and Connecting Partners

presented by The National Preconception Health and Health Care Initiative, Association of Maternal and Child Health Programs and the Association of Chronic Disease Directors. This webinar will be held on Wednesday, January 14, 2015 11:00-1:30pm MST. For more information and to sign up please see their [website](#).

Maternal Mortality Prevention Project Webinar. This webinar presentation will highlight Colorado's efforts to identify what works for pregnant or postpartum women who are experiencing severe pregnancy related depression, substance abuse or intimate partner violence. Hosted by the Region VIII Federal Women and Children's Health Task Force and Substance Abuse and Mental Health Association (SAMHSA).

Date: January 21, 2015 Time: 1:00-2:30 p.m. MT (3:00-4:30 p.m. ET). [Register here](#).

VENA Webinar: Scheduled for Wednesday January 28, 2015 from 12:00– 1:00 MST. Log-in and detailed topic information for the webinar will be provided soon.

Each of these webinars is free and will qualify for 1 WIC CEU. They may be archived as well afterward, so if you cannot make the original time, you may watch and listen later to submit for credit.

\$1 Million Available through the Champions for Healthy Kids Grants!

Over the past 12 years, the Academy of Nutrition and Dietetics Foundation and the General Mills Foundation has awarded over \$6 million in Champions for Healthy Kids grants to nonprofit organizations across the U.S. promoting healthy eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has committed to offering \$1 million in grants, awarding fifty, \$20,000 grants. Applications must involve the program expertise of an RDN or DTR member of the Academy of Nutrition and Dietetics. Visit the [grant application](#) and learn more about previously funded programs. Applications are due Friday, January 23, 2015 at 5pm CST. Please email questions to KidsEatRight@eatright.org



Certification Policy Tip of the Week

Question: When using income from the past 30 days, if the applicant reports a consistent weekly income for the past 30 days, is it sufficient proof to bring in one of those weekly paystubs, or does this definition of current require all documentation of the income from the past 30 days? If so, do staff have to make an assessment if there were 4 or 5 paychecks in the past 30 days? Also, how is this entered: as weekly income, or added together as monthly income.

Answer: If an applicant indicates that they are paid weekly, it would be reasonable to look at four paystubs from the past four weeks (30 days). It is not sufficient to bring in one paystub even if the weekly income is consistent. If an applicant informs the WIC clinic that the income is consistent this would be considered self-

declaration. Self-declaration is only allowable in certain circumstances (homeless individual, disaster such as a fire, and in cases when providing a temporary certification). In this example, the frequency of income to be used is weekly. Each State agency's WIC Management Information System must be designed to comply with FNS policy and regulations related to income eligibility determinations. WIC clinics must ensure that income documentation provided is for the past 30 days.



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A copy of all newsletters can be found on the [WIC website](#)
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